



A SOUTHERN CALIFORNIA GUIDE TO HEALTHY SOILS PROGRAM

MOST COMMON AND AWARDED PRACTICES

THIS GUIDE SERVES TO

assist you in deciding and implementing practices on your farm that meet the <u>Healthy Soils Program grant</u> criteria. We've broken down the top four practices that have been awarded and used successfully on farms located in: San Bernardino, Riverside, San Diego, Imperial Counties



1. HEDGEROWS

Hedgerows not only provide wind protection but increase biodiversity and provides habitat for beneficial species.





COMMON NATIVE SPECIES LIST

- Arroyo lupine
- Arroyo willow
- Beard grass
- Bigberry manzanita
- Brittlebush
- Bush sunflower
- California poppy
- Coastal cholla
- Coastal sagebrush
- Chaparral yucca
- Common sunflower

- Deergrass
- Desert bells
- Desert broom
- Fourwing saltbush
- Golden currant
- Great valley gumweed
- Hummingbird trumpet
- Jojoba
- Lacy phacelia
- Lemonade bush
- Mexican whorled milkweed

- Mojave yucca
- Mule-fat
- Red willow
- Saltgrass
- Scarlet bugler
- Thick-leaf yerba santa
- Western white clematis
- White flowered golden brush
- White sage
- Yerba mansa

2. COMPOSTING

Applying compost to your farm builds soil structure, increases soil fertility and water holding capacity, adds nutrients, and supports beneficial microorganisms.

With the Healthy Soils Program grant, you have two options when it comes to compost*: make your own or buy from a certified compost supplier.

OPTION 1: COMPOST PRODUCED ON-SITE

Plant and animal materials can be composted using the two methods below on your farm:

1. In-vessel or Static Aerated Pile System: Maintain a temperature between 131°F and 170°F for 3 consecutive days.

2. Windrow Composting:

Maintain a temperature between 131°F and 170°F for 15 consecutive days. The materials must be turned a minimum of five times.





OPTION 2: COMPOST PURCHASED FROM A CERTIFIED FACILITY

San Bernardino	_
Victor Valley Regional	(760) 241-1284
Agromin OC Onterio Green Material	(805) 485-9200
Riverside	_
Agriscape Inc.	(951) 696-0651
Southern California Landscape Supply	(951) 538-3338
San Diego	<u></u>
El Corazón	(760) 439-9920
Inland Pacific Resource Recovery	(858) 505-6700
Miramar Greenery	(858) 573-1275
Otay Mesa	(760) 214-1842
Plants Choice Inc.	(619) 585-9909
San Pasqual Valley Soils	(760) 746-4769
Terra Bella Nursery Inc.	(619) 585-1118
Imperial	<u></u>
Brandt Company	(760) 348-2295
Bull Enterprise Inc.	(760) 353-9235
Imperial Valley Compost at Mesquite Cattle	(760) 351-1900
TruSource LLC	(760) 352-4157

^{*}While it is a fantastic way to produce soil amendments and divert organic material from landfills, Vermicomposting is not a permitted form of composting with HSP.

3. COVER CROPS

A great way to increase your soil fertility and water holding capacity is by planting cover crops between growing seasons on any given field. Cover cropping manages soil erosion while decreasing weeds, pests, and diseases. Mix and match any of these suitable species to add nutrients to your soil.





NATIVE SPECIES

Forb: common sunflower, lacy phacelia, wild canterbury bells; California bluebell

Legume: small-flowered lupine, arroyo lupine, *tomcat clover **Grass:** California brome, *small

fescue

Grain: American bird's-foot trefoil

These species are easy to moderately easy to grow.

*Slightly difficult

Species listed focus on four categories of cover crops.

- Forbs bring biodiversity and habitat for beneficial species.
- Legumes fix nitrogen.
- Grasses to increase soil moisture and suppress weeds.
- Grains help build biomass and break up compaction.

INTRODUCED SPECIES

Forb: common beet, brown, white, yellow and field mustard, rape, safflower, buckwheat, flax, cultivated radish

Legume: chickpea, sunn hemp, lentil, gama medick, alfalfa, clover: yellow, white, Egyptian, strawberry, rose, crimson, balansa, red, Persian, arrowleaf, vetch: purple, common, hairy, winter, bell bean, cow pea, tepary bean

Grass: Japanese millet, teff grass, annual and Italian ryegrass, regreen sterile hybrid, annual fescue, soft brome **Grain:** oat, barely, proso and pearl millet, rye, sorghum, sudangrass, common wheat, triticale

These species are easy to moderately easy to grow.





4. MULCHING



Adding mulch protects against erosion, compaction, and weeds. Mulch also moderates soil temperature and increases water holding capacity. Depending on the style of mulch you choose it can create shelter for beneficial insects.

NATURAL MATERIALS

Application: 1-3 inches thick or 1-2 tons/acre

Examples include: Chipped brush, bark, wood shavings, sawdust, leaves, leaf mold, pine needles, grass hay, rice hulls, grasses, grass clippings, crop residues, straw, almond/walnut shells, cocoa bean hulls or coconut fiber.*

WOODCHIPS

Application: 2-4 inches thick or ≥ 10 tons/acre

Includes: Chemically untreated, woody material that is ¾ -2 inches in diameter, without leaves and hardy enough to last for several years.

Mulch must be bought off site for HSP grant.

*Cannot use on farm cover crop residue as a mulch.



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CONTACT US

(760) 436-7986 <u>www.solanacenter.org/hsp</u> hsp@solanacenter.org 137 N. El Camino Real, Encinitas, CA 92024

